

# PERRYSBURG BIG GOLD FOOTBALL - PARENT MEETING

## 1. Philosophies

- a. Instructional league focused on fundamentals and sportsmanship
- b. Playing time
  - i. Each player will play ½ on offense and ½ on Defense
  - ii. Some Players will play both ways

## 2. Coaches

- a. Head Coaches are selected before the season
- b. Assistant coaches – Anyone is welcome to help out and should.
- c. All coaches on the sideline must have the OHSAA Concussion Training. (Limit of 4)
- d. Communication from here on should be with your coaches

## 3. Positions

- a. Coaches are responsible for putting the players in the best position to help the team.
- b. Not everyone will be the star quarterback or running back
- c. Every position is important and all of the players will be working at different positions.

## 4. Schedule

- a. Practices
  - i. 3 days a week until the first game, then 2 days a week.
  - ii. Only practice on the scheduled days – No Saturday Practices
  - iii. Weather changes fast. We often have to wait until practice time to make a decision on cancelling. Thunder and or lightening and we can not be on the field for :30 minutes from the last thunder and or lightening.
- b. Games
  - i. Game schedule is on the web site.

## 5. Equipment

- a. Pants – Pre-treat and wash on delicate
- b. All equipment needs returned fully dry!

## 6. Volunteers

- a. Each team is responsible for the concession stand and chains. Coaches will be asking for help.

## 7. Hydration

- a. Please start teaching our players now about the importance of hydration. Good hydration starts the day before the workouts and players should be staying away from pop or sugar-based drinks.

## 8. Facebook

- a. Please like the Facebook page and look to it for general information about Big Gold Football.

## 9. Covid-19

- a. If you are at all sick, please stay home
- b. If a player is quarantined and not allowed to go to school, they should not be at Big Gold.
- c. If a player has a positive test, the coaches need to know and let me know right away.
  - i. We will be guided by the Wood County Department of Health from there.

## 10. Questions